# CONTEMPLATIVE COACHING SUPERVISION Are you interested?



What does **Contemplative Coaching Supervision** mean to you? What could it offer you as a professional?

<u>Sue Holland</u> and <u>Anne Welsh</u> will co-facilitate this global online group, providing a contemplative space for embodied listening, *to* and *for* the emergent, the not yet known. They will invite participants to

- deepen their enquiry and receptivity
- to discern the calling Self
- experience presence through heightened somatic awareness

Anne and Sue both have over 30 years' experience working in the

fields of psychology and coaching.

and models to inform their work.

They use various psychological maps

They are <u>APECS</u> accredited coach supervisors, executive coaches and

UKCP registered psychotherapists.

- develop and extend listening skills
- develop attention and awareness
- explore parallel process
- build inner resilience

# The future is now

# The Group

Closed group - 6 members

2022 - 2023

1 x 2 hour introduction session - gifted 6 x 2 hour sessions - payable

## **Monthly**

**Friday** morning **11:00 UK time** Oct. 2022 - Apr. 2023

### **Fees**

£900.00 (£75.00 per hour)

For more information/registration please email Sue Harris (co-ordinator):

help@onpurpose.info







SANOFI













